

# ΠΑΡΑΤΗΡΗΤΗΡΙΟ ΒΑΣΙΚΩΝ ΚΑΤΑΝΑΛΩΤΙΚΩΝ ΑΓΑΘΩΝ

ΣΥΓΚΡΙΣΗ ΜΕ ΠΡΟΗΓΟΥΜΕΝΟ ΜΗΝΑ



Νοε 2024

Α/Α	ΠΡΟΪΟΝ	Μέση Σταθμισμένη Τιμή		Αύξηση / Μείωση Τιμής	% Μεταβολή
		Προηγούμενος Μήνας	Τρέχον Μήνας		
<b>ΑΛΛΑΝΤΙΚΑ</b>					
<b>ΑΛΛΑΝΤΙΚΑ</b>					
1	Chrysodalia Lountza Smoked Slices 300gr	4.22	4.16	-0.06	-1.4%
2	Chrysodalia Turkey Smoked Slices 200gr	2.60	2.64	0.04	1.5%
3	Grigoriou Ham Slices 300gr	3.89	3.94	0.05	1.3%
4	Grigoriou Lountza Slices 150gr	3.32	3.21	-0.11	-3.3%
5	Grigoriou Salami Extra 300gr	2.58	2.59	0.01	0.4%
6	Grigoriou Streaky Bacon Slices 150gr	2.69	2.65	-0.04	-1.5%
7	Grigoriou Turkey Smoked Slices 200gr	3.28	3.34	0.06	1.8%
<b>ΒΟΗΘΗΜΑΤΑ ΜΑΓΕΙΡΕΜΑΤΟΣ</b>					
<b>ΖΩΜΟΣ</b>					
8	KNORR BOUILLONS CHICKEN 12 CUBES 120GR	1.18	1.19	0.01	0.8%
9	KNORR BOUILLONS VEGETABLES 12 CUBES 120GR	1.55	1.54	-0.01	-0.6%
10	MAGGI BOUILLONS CHICKEN 12 CUBES 132GR	1.41	1.43	0.02	1.4%
11	MAGGI BOUILLONS PASTA 12 CUBES 132GR	1.85	1.93	0.08	4.3%
12	MAGGI BOUILLONS VEGETABLES 12 CUBES 132GR	1.91	1.95	0.04	2.1%
<b>ΝΤΟΜΑΤΟΧΥΜΟΣ/ ΠΕΛΤΕΣ</b>					
13	BLOSSOM TOMATO PASTE CUP 4X70GR	1.98	2.02	0.04	2.0%
14	KEAN POMILORI SIEVE TOMATO PASTE JAR 700GR	1.83	1.83	0.00	0.0%
15	MITSIDES TOMATO PASSATA CARTON 3X500GR P-OFF	2.77	2.77	0.00	0.0%
16	MITSIDES TOMATO PASTE CUP 4X70GR	2.01	2.02	0.01	0.5%
17	PELARGOS TOMATO PASSATA CARTON 3X250GR	1.34	1.34	0.00	0.0%
<b>ΦΥΤΙΚΟ ΜΑΓΕΙΡΙΚΟ ΛΙΠΟΣ</b>					
18	SPRY 350GR	2.94	2.63	-0.31	-10.5%
<b>ΓΑΛΑΚΤΟΚΟΜΙΚΑ</b>					
<b>ΓΙΑΟΥΡΤΙ</b>					
19	ALAMBRA THE GRANNY SHEEP F/F PC 700GR	3.09	2.98	-0.11	-3.6%
20	CHARALAMB/CHRISTIS STRAINED STRAGGATO F/F PC 1KG	4.09	4.10	0.01	0.2%
21	CHARALAMB/CHRISTIS STRAINED STRAGGATO LGT PC 1KG	4.10	4.09	-0.01	-0.2%
22	ZITA STRAINED F/F PC 1KG	3.92	3.91	-0.01	-0.3%
23	ZITA STRAINED LGT PC 1KG	3.90	3.90	0.00	0.0%
<b>ΤΥΡΙ</b>					
24	ALAMBRA COTTAGE PC 200GR	1.73	1.81	0.08	4.6%
25	ALAMBRA H GIAGIA GOAT/SHEEP HALLOUMI KG	14.15	14.17	0.02	0.1%
26	CHARALAMB/CHRISTIS FETA BLOCK 200GR	3.34	3.38	0.04	1.2%
27	CHARALAMB/CHRISTIS HALLOUMI PISSOURKOTIKO KG	14.40	14.81	0.41	2.8%
28	DIROLLO 2.2% COTTAGE 225GR	2.27	2.25	-0.02	-0.9%
29	DODONI FETA BLOCK 400GR	6.83	6.93	0.10	1.5%
30	KESES GOAT/SHEEP HALLOUMI KG	15.07	15.41	0.34	2.3%
31	LA VACHE QUI RIT CHEEZ DIPPERS 4PORTION 140GR	3.22	3.40	0.18	5.6%
32	PHILADELPHIA LIGHT PLAIN SPREAD TUBS 200GR	2.60	2.52	-0.08	-3.1%
33	PHILADELPHIA PLAIN SPREAD TUBS 200GR	2.62	2.55	-0.07	-2.7%
34	VALIO EDAM LIGHT 17% SLICES 2X250GR P-OFF	6.99	6.87	-0.12	-1.7%
35	VEPO FOOD EDAM SLICES 200GR	2.50	2.61	0.11	4.4%
36	VEPO FOOD GOUDA SLICES 200GR	2.49	2.68	0.19	7.6%
<b>ΦΡΕΣΚΟ ΓΑΛΑ</b>					
37	CHARALAMBIDES CHRISTIS DELACT HDPE 1L	1.76	1.76	0.00	0.0%
38	CHARALAMBIDES CHRISTIS FULL FAT 3% HDPE 2L	2.97	2.96	-0.01	-0.3%
39	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1.5L	2.29	2.29	0.00	0.0%
40	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1L	1.55	1.55	0.00	0.0%
41	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 2L	2.97	2.97	0.00	0.0%
42	LANITIS FULL FAT 3% HDPE 2L	2.95	2.94	-0.01	-0.3%
43	LANITIS SEMI SKIMMED 1.5% HDPE 1.5L	2.28	2.28	0.00	0.0%

44	LANITIS SEMI SKIMMED 1.5% HDPE 2L	2.96	2.95	-0.01	-0.3%
<b>ΕΛΑΙΑ</b>					
<b>ΛΑΔΙ</b>					
45	AMBROSIA SUNFLOWER OIL 3L	6.80	6.77	-0.03	-0.4%
46	ELIOHORI EXTRA VIRGIN OLIVE OIL 2L	30.50	30.40	-0.10	-0.3%
47	ELIOHORI EXTRA VIRGIN OLIVE OIL PET 1L	15.29	15.30	0.01	0.1%
48	FLORA SUNFLOWER OIL 3L	10.10	10.93	0.83	8.2%
49	LESIEUR SUNFLOWER OIL 3L	6.58	6.63	0.05	0.8%
50	SAINT GEORGE CYPRUS EXTRA VIRGIN OLIVE OIL PET 1L	10.49	10.49	0.00	0.0%
51	THE KING OF OLIVES SALAD OIL PET 1L	2.98	2.97	-0.01	-0.3%
<b>ΖΥΜΑΡΙΚΑ / ΑΛΕΥΡΙ / ΡΥΖΙ / ΠΟΥΡΓΟΥΡΙ / ΟΣΠΡΙΑ / ΖΑΧΑΡΗ</b>					
<b>ΑΛΕΥΡΙ</b>					
52	MITSIDES FARINA PLAIN 00 1KG	1.52	1.42	-0.10	-6.6%
53	MITSIDES PLAIN 00 ALL PURPOSE 1KG	1.30	1.30	0.00	0.0%
54	MITSIDES SELF RAISING 1KG	1.52	1.44	-0.08	-5.3%
55	MITSIDES VILLAGE 1KG	1.60	1.54	-0.06	-3.7%
56	TRIUMPH FARINA 00 1KG	1.47	1.38	-0.09	-6.1%
57	TRIUMPH VILLAGE 1KG	1.53	1.47	-0.06	-3.9%
<b>ΖΑΧΑΡΗ</b>					
58	SUGAR	1.05	1.01	-0.04	-3.8%
<b>ΖΥΜΑΡΙΚΑ</b>					
59	BARILLA SPAGHETTI No.5 500GR	1.26	1.27	0.01	0.8%
60	MELISSA PRIMO GUSTO ORZO 500GR	1.26	1.28	0.02	1.6%
61	MELISSA PRIMO GUSTO SPAGHETTI No.6 500GR	0.93	1.03	0.10	10.8%
62	MITSIDES MEZZANI A 500GR	1.31	1.26	-0.05	-3.8%
63	MITSIDES ORZO 500GR	1.36	1.33	-0.03	-2.2%
64	MITSIDES SPAGHETTI 500GR	1.16	1.17	0.01	0.9%
65	MITSIDES TRADITIONAL 500GR	1.49	1.52	0.03	2.0%
66	TRIUMPH SPAGHETTI 500GR	1.12	1.10	-0.02	-1.8%
<b>ΟΣΠΡΙΑ</b>					
67	KAOURIS CANADIAN LAIRD LENTILS 1KG	2.85	2.64	-0.21	-7.4%
68	NATURAL LIFE IMPORTED BLACK EYE BEANS 1KG	3.04	3.12	0.08	2.6%
69	NATURAL LIFE IMPORTED LENTILS 1KG	2.50	2.54	0.04	1.6%
70	SOLEAS 3A BEANS 1KG	3.06	3.14	0.08	2.6%
71	SOLEAS 3A BLACK EYE BEANS 1KG	3.91	3.79	-0.12	-3.1%
72	SOLEAS 3A GREEN LENTILS 1KG	3.19	3.08	-0.11	-3.4%
<b>ΠΟΥΡΓΟΥΡΙ</b>					
73	A.KEPOLA BULGUR WHEAT 1KG	2.53	2.53	0.00	0.0%
74	A.KEPOLA BULGUR WHEAT 500GR	1.66	1.68	0.02	1.2%
75	KAOURIS BULGUR WHEAT 500GR	1.56	1.56	0.00	0.0%
76	LISKO FAMELISKO BULGUR WHEAT MEDIUM 500GR	1.17	1.18	0.01	0.9%
77	MITSIDES BULGUR WHEAT 1KG	3.14	3.19	0.05	1.6%
78	MITSIDES BULGUR WHEAT 500GR	1.72	1.70	-0.02	-1.2%
<b>ΡΥΖΙ</b>					
79	SOLEAS 3A BASMATI RICE BAG 1KG	3.15	3.31	0.16	5.1%
80	SOLEAS 3A GLUTINOUS RICE BAG 1KG	2.53	2.58	0.05	2.0%
81	SOLEAS 3A PARBOILED RICE 1KG	2.48	2.48	0.00	0.0%
82	TILDA BASMATI RICE 1KG	5.63	5.75	0.12	2.1%
83	UNCLE BENS LONG GRAIN RICE 1KG	4.62	4.27	-0.35	-7.6%
84	UNCLE BENS LONG GRAIN RICE BOX 2KG	9.01	8.99	-0.02	-0.2%
<b>ΚΑΤΕΨΥΓΜΕΝΑ</b>					
<b>ΚΑΤΕΨΥΓΜΕΝΑ ΖΥΜΑΡΙΚΑ</b>					
85	CHARALAMBIDES CHRISTIS RAVIOLI 400GR	4.06	3.89	-0.17	-4.2%
86	HERCULES RAVIOLI 400GR	3.16	3.20	0.04	1.3%
87	MITSIDES VILLAGE RAVIOLI 375GR	3.27	3.29	0.02	0.6%
<b>ΚΑΤΕΨΥΓΜΕΝΑ ΜΑΛΑΚΙΑ/ ΟΣΤΡΑΚΟΕΙΔΗ</b>					
88	7 THALASSES SHRIMPS 30/50 500GR	9.83	9.81	-0.02	-0.2%
89	BLUE GREEN WAVE OCTOPUS 1KG	6.66	6.77	0.11	1.7%
90	BLUE GREEN WAVE SQUID RINGS 1KG	6.77	6.81	0.04	0.6%
91	EDESMA SQUID RINGS 1KG	6.27	6.53	0.26	4.1%
<b>ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ</b>					
92	EDESMA RED FISH 1KG	7.74	7.60	-0.14	-1.8%
93	FINDUS SALMON PORTIONS 4X125GR	19.07	19.73	0.66	3.5%
94	FOODPAX SALMON PORTIONS 4X125GR	14.18	13.75	-0.43	-3.0%
95	QUALIFOOD PANGASIUS FILLETS 1KG	4.25	4.37	0.12	2.8%

96	QUALIFOOD SALMON PORTION 4X125GR	13.13	12.37	-0.76	-5.8%
<b>ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ</b>					
97	7 SEAS COD BREADED FISH FILLETS 400GR	3.63	3.68	0.05	1.4%
98	BIRDS EYE COD FISH FINGERS 14PCS 350GR	6.72	6.74	0.02	0.3%
99	BIRDS EYE SIMPLY 4 COD FILLET BREADED 440GR	10.51	10.64	0.13	1.2%
100	BLUE GREEN WAVE COD FISH FILLET BREADED 4PCS 400GR	3.94	3.90	-0.04	-1.0%
101	NORDA WHITE FISH FISH STICKS 10PCS 300GR	3.07	3.13	0.06	2.0%
<b>ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΑ ΜΠΕΡΚΕΡ</b>					
102	EDESMA VEGETABLE BURGERS 4P 380GR	5.01	4.85	-0.16	-3.2%
103	EN ELLADI NOSTIMIES BURGERS 420GR	3.92	3.84	-0.08	-2.0%
104	GRIGORIOU BEEF BURGERS 4P 600GR	5.35	5.44	0.09	1.7%
105	GRIGORIOU HAMBURGERS 6P 480GR	4.11	4.17	0.06	1.5%
106	GRIGORIOU TURKEY BURGERS 6P 480GR	4.39	4.30	-0.09	-2.1%
107	KYPRIANOU SPECIAL CHICKEN BURGERS 900GR	6.61	6.59	-0.02	-0.3%
<b>ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΟ ΚΡΕΑΣ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ</b>					
108	EDESMA CHICKEN NUGGETS 500GR	5.53	5.48	-0.05	-0.9%
109	EDESMA CHICKEN NUGGETS 900GR	7.51	7.43	-0.08	-1.1%
110	EMA FOODS CHICKEN NUGGETS 900GR	7.08	7.13	0.05	0.7%
111	EN ELLADI CHICKEN NUGGETS 400GR	4.59	4.59	0.00	0.0%
112	EN ELLADI MEAT BALLS 420GR	4.13	4.34	0.21	5.1%
113	PARADISIOTIS CHICKEN NUGGETS 800GR	4.86	4.89	0.03	0.6%
<b>ΚΑΦΕΣ</b>					
<b>ΚΥΠΡΙΑΚΟΣ ΚΑΦΕΣ</b>					
114	CHARALAMBOUS GREEN 200GR	3.06	3.09	0.03	1.0%
115	CHARALAMBOUS GREEN 500GR	7.65	7.89	0.24	3.1%
116	LAIKON GOLD 200GR	2.97	3.15	0.18	6.1%
117	LAIKON GOLD 500GR	7.41	7.67	0.26	3.5%
<b>ΣΤΙΓΜΙΑΙΟΣ ΚΑΦΕΣ</b>					
118	CELEST CAFE TIN 200GR	4.78	4.68	-0.10	-2.1%
119	JACOBS EKLEKTOS JAR 100GR	4.01	4.15	0.14	3.5%
120	NESCAFE AZERA ESPRESSO TIN 100GR	5.57	6.02	0.45	8.1%
121	NESCAFE CLASSIC DEC TIN 100GR	4.82	4.83	0.01	0.2%
122	NESCAFE CLASSIC TIN 100GR	3.94	3.96	0.02	0.5%
123	NESCAFE CLASSIC TIN 200GR	6.01	5.97	-0.04	-0.7%
124	NESCAFE GOLD BLEND JAR 190GR	6.27	6.33	0.06	1.0%
125	NESCAFE GOLD BLEND JAR 95GR	3.64	3.56	-0.08	-2.2%
<b>ΚΟΝΣΕΡΒΕΣ</b>					
<b>ΓΑΛΑ ΕΒΑΠΟΡΕ/ ΖΑΧΑΡΟΥΧΟ</b>					
126	MANA CONDENSED CAN 397GR	1.96	1.99	0.03	1.5%
127	NOYNOY CONDENSED CAN 397GR	1.85	1.82	-0.03	-1.6%
128	NOYNOY EVAPORATED CAN 410GR	1.34	1.31	-0.03	-2.2%
129	NOYNOY LIGHT EVAPORATED CAN 410GR	1.34	1.31	-0.03	-2.2%
130	NOYNOY LIGHT EVAPORATED PORTIONS 10X15GR	1.29	1.27	-0.02	-1.6%
<b>ΚΟΝΣΕΡΒΕΣ ΚΡΕΑΤΟΣ</b>					
131	Karla Corned Beef 340gr	3.20	3.20	0.00	0.0%
132	Tulip Pork Chopped Ham 200gr	2.31	2.31	0.00	0.0%
133	Tulip Pork Luncheon Meat 200gr	2.13	2.15	0.02	0.9%
134	Zwan Chicken Luncheon Meat 200gr	2.06	2.08	0.02	1.0%
135	Zwan Pork Chopped Ham 200gr	3.09	3.09	0.00	0.0%
136	Zwan Pork Luncheon Meat 200gr	2.13	2.20	0.07	3.3%
<b>ΚΟΝΣΕΡΒΕΣ ΨΑΡΙΟΥ</b>					
137	RIO MARE TUNA IN OLIVE OIL 2X160GR	5.18	5.08	-0.10	-1.9%
138	RIO MARE TUNA MEAT LIGHT IN OLIVE OIL 3X80GR	4.23	4.14	-0.09	-2.1%
139	SEVYCO WHITE TUNA LIGHT IN WATER 4X100GR	3.89	3.93	0.04	1.0%
140	SHEIK PINK TUNA IN SOYABEAN OIL 4X80GR	3.40	3.40	0.00	0.0%
141	SHEIK WHITE TUNA LIGHT IN WATER 4X160GR	6.44	6.43	-0.01	-0.2%
<b>ΞΗΡΑ ΤΡΟΦΗ</b>					
<b>ΔΗΜΗΤΡΙΑΚΑ ΠΡΟΓΕΥΜΑΤΟΣ</b>					
142	KELLOGG S SPECIAL K CLASSIC MAXI 700GR	5.10	5.20	0.10	2.0%
143	Kellogg S Coco Pops 500gr	3.42	3.80	0.38	11.1%
144	Kellogg S Coco Pops Chocos 375gr	3.07	2.95	-0.12	-3.9%
145	Kellogg S Corn Flakes 500gr	3.53	3.54	0.01	0.3%
146	Kellogg S Honey Loops 330gr	3.92	3.87	-0.05	-1.3%
147	Oreo Os Cookies&Cream Cerals 350gr	3.87	3.84	-0.03	-0.8%
148	Quaker Traganes Mpoukies Dark Chocolate 450gr	3.49	3.42	-0.07	-2.0%

149	Quaker White Oats Bag 500gr	2.25	2.25	0.00	0.0%
<b>ΚΟΥΛΟΥΡΙΑ</b>					
150	7DAYS BAKE ROLLS MINI PIZZA 80GR	0.83	0.83	0.00	0.0%
151	BAKANDYS BREADSTICKS OLIVE OIL 250GR	3.61	3.80	0.19	5.3%
152	BAKANDYS RUSKS RYE 200GR	2.66	2.76	0.10	3.8%
153	ELITE TOAST RYE 360GR(3+1 FREE)	2.07	1.91	-0.16	-7.7%
154	ELITE TOAST WHEAT 500GR(3+1 FREE)	2.04	1.97	-0.07	-3.4%
155	JOHNSOF BREAD COOKIES NAPOLITANO RAISIN 240GR	2.91	2.92	0.01	0.3%
156	JOHNSOF CROUTONS WHEAT 320GR	2.77	2.72	-0.05	-1.8%
157	MARIAS BREAD COOKIES CAROB 350GR	3.21	3.22	0.01	0.3%
<b>ΜΠΙΣΚΟΤΑ</b>					
158	FROU FROU JOKER CHOCO COV. SW 12X25GR(3 FREE)	4.00	4.04	0.04	1.0%
159	FROU FROU MORNING COFFEE PL 150GR	1.20	1.19	-0.01	-0.8%
160	KATERINA PETIT FOURS PL 500GR	4.59	4.65	0.06	1.3%
161	KINDER CARDS COCOA&MILK FIL 5X25.6GR	2.25	2.19	-0.06	-2.7%
162	NUTELLA FILLED CHOCO BISCUITS FIL T22 304GR	3.72	3.67	-0.05	-1.3%
163	OREO VANILLA SW 154GR	1.51	1.52	0.01	0.7%
<b>ΡΟΦΗΜΑΤΑ</b>					
<b>ΑΝΑΨΥΚΤΙΚΑ</b>					
164	7 UP DIET/FREE CAN 8X330ML	4.44	4.42	-0.02	-0.5%
165	7 UP REGULAR CAN 8X330ML	4.44	4.40	-0.04	-0.9%
166	COCA COLA REGULAR CAN 330ML	0.94	0.93	-0.01	-1.1%
167	COCA COLA REGULAR CAN 8X330ML	4.89	4.93	0.04	0.8%
168	COCA COLA ZERO CAN 8X330ML	4.96	4.95	-0.01	-0.2%
169	PEPSI MAX CAN 8X330ML	3.62	3.71	0.09	2.5%
<b>ΕΜΦΙΑΛΩΜΕΝΟ ΝΕΡΟ</b>					
170	AGROS STILL PET 12X500ML	3.10	3.04	-0.06	-1.9%
171	AGROS STILL PET 6X1.5L	2.57	2.46	-0.11	-4.3%
172	ΑΥΙΟΣ ΝΙΣΤΟΛΑΟΣ STILL PET 12X500ML	3.05	3.01	-0.04	-1.3%
173	ΑΥΙΟΣ ΝΙΣΤΟΛΑΟΣ STILL PET 6X1.5L	2.46	2.46	0.00	0.0%
174	ΚΥΚΚΟΣ STILL PET 12X500ML	2.85	2.83	-0.02	-0.7%
175	ΚΥΚΚΟΣ STILL PET 6X1.5L	2.37	2.39	0.02	0.8%
<b>ΧΥΜΟΙ</b>					
176	KEAN MANGO&POMEGRANATE NECTAR TP 1L	1.69	1.66	-0.03	-1.8%
177	KEAN ORANGE 100% TP 1L	2.09	2.07	-0.02	-1.0%
178	KEANITA KIDS ORANGE DRINK TB 9X250ML	4.22	4.17	-0.05	-1.2%
179	LIFE APPLE&CARROT&ORANGE 100% PET 400ML	1.66	1.66	0.00	0.0%
180	LIFE ORANGE 100% PET 1L	2.85	2.84	-0.01	-0.4%
181	LIFE ORANGE 100% PET 400ML	1.64	1.63	-0.01	-0.6%
<b>ΦΡΕΣΚΑ ΠΡΟΪΟΝΤΑ</b>					
<b>ΑΥΓΑ</b>					
182	Αυγά 12 τεμάχια (Μ) - (53gr - 63gr) -(φθηνότερη συσκ.)	3.46	3.43	-0.03	-0.9%
<b>ΦΡΕΣΚΟ ΚΡΕΑΣ/ ΠΟΥΛΕΡΙΚΑ/ ΚΟΥΝΕΛΙ</b>					
183	Αμνοερίφια μικρά σε κομμάτια (Kg)	11.47	11.85	0.38	3.3%
184	Βοδινό top-side (Kg) (ψαχνό, χωρίς κόκκαλο και λίπος)	13.62	13.83	0.21	1.5%
185	Βοδινός κιμάς (Kg)	8.60	8.36	-0.24	-2.8%
186	Κοτόπουλο ολόκληρο (Kg) (Χαμηλότερη Τιμή)	3.73	3.73	0.00	0.0%
187	Κοτόπουλο στήθος φιλέτο (Kg) (Χαμηλότερη Τιμή)	8.00	7.96	-0.04	-0.5%
188	Κουνέλι (Kg) (χαμηλότερη τιμή)	10.43	10.48	0.05	0.5%
189	Χοιρινή Μπριζόλα φιλέτο (Kg)	5.98	5.87	-0.11	-1.8%
190	Χοιρινός Κιμάς (Kg)	5.56	5.63	0.07	1.3%
191	Χοιρινός Λαπάς με κόκκαλο (Kg)	5.83	5.89	0.06	1.0%
<b>ΦΡΕΣΚΟ ΨΑΡΙ/ΜΑΛΑΚΙΑ</b>					
192	Γόπες (Kg)	9.43	9.78	0.35	3.7%
193	Καλαμάρι Μεγάλο (Kg)	11.82	11.67	-0.15	-1.3%
194	Καλαμάρι Μικρό (Kg)	19.69	19.68	-0.01	-0.1%
195	Λαβράκι (Kg)	12.51	11.39	-1.12	-9.0%
196	Μπαρμπούνι (Kg)	23.22	23.09	-0.13	-0.6%
197	Τσιπούρα (Kg)	9.56	9.77	0.21	2.2%
198	Χταπόδι (Kg)	20.37	21.98	1.61	7.9%
<b>ΧΟΡΤΑ</b>					
199	Αγγουράκια Θερμοκηπίου (Kg)	2.21	1.28	-0.93	-42.1%
200	Αγγουράκια Χωραφιού (Kg)	2.31	2.12	-0.19	-8.2%
201	Ντομάτες Α (Kg)	2.82	2.14	-0.68	-24.1%
202	Πατάτες Φρέσκες (Kg)	2.12	2.11	-0.01	-0.5%

203	Χόρτα Δέσμης	0.60	0.54	-0.06	-10.0%
<b>ΨΩΜΙ</b>					
204	Slice Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.82	1.82	0.00	0.0%
205	Slice Άσπρο μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.74	1.72	-0.02	-1.1%
206	Slice Ολικής Αλέσεως μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.97	1.96	-0.01	-0.5%
207	Slice Ολικής Αλέσεως μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.76	1.75	-0.01	-0.6%
208	Ψωμί Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.63	1.64	0.01	0.6%
209	Ψωμί Άσπρο μικρό (450gr-500gr)(χαμηλότερη τιμή)	1.31	1.31	0.00	0.0%
<b>FUEL</b>					
<b>CHARCOAL</b>					
210	ETOSHA 5kg	6.20	5.64	-0.56	-9.0%
211	ΠΥΡΣΟΣ 5kg	6.29	6.26	-0.03	-0.5%
<b>ΑΠΟΡΡΥΠΑΝΤΙΚΑ/ ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ</b>					
<b>ΑΠΟΡΡΥΠΑΝΤΙΚΑ ΡΟΥΧΩΝ</b>					
212	ARIEL TOUCH LENOR FRESH 50WSH LIQ 2.75L	10.94	10.91	-0.03	-0.3%
213	DIXAN SPRING FRESH 66WSH PWD 3.3KG	10.80	10.99	0.19	1.8%
214	DIXAN UNIVERSAL 66WSH PWD 3.3KG	10.82	10.84	0.02	0.2%
215	EUREKA ACTIVE CARE 75WSH PWD 4.125KG	9.32	9.20	-0.12	-1.3%
216	EUREKA MASSALIAS CLASSIC 48WSH LIQ 2.4L P-OFF	6.01	6.04	0.03	0.5%
217	EUREKA MASSALIAS LAVENDER 48WSH LIQ 2.4L P-OFF	6.01	6.29	0.28	4.7%
<b>ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ</b>					
218	COMFORT GOLD LILY&WILD BERRY 4L	5.52	5.66	0.14	2.5%
219	COMFORT GOLD WILD ORCHID&SANDALWOOD 4L	5.54	5.68	0.14	2.5%
220	COMFORT PURELY SOFT 4L	5.19	5.15	-0.04	-0.8%
<b>ΕΙΔΗ ΠΡΟΣΩΠΙΚΗΣ ΥΓΙΕΙΝΗΣ</b>					
<b>ΣΕΡΒΙΕΤΕΣ ΥΓΙΕΙΑΣ</b>					
221	ALWAYS PADS SECURE NIGHT ULTRA DUO W 12P	2.39	2.26	-0.13	-5.4%
222	ALWAYS PADS ULTRA DAY LONG PLUS GIGAPACK TRIPLE W 36P	4.00	3.70	-0.30	-7.5%
223	ALWAYS PADS ULTRA NORMAL PLUS DUO W 20P	2.30	2.19	-0.11	-4.8%
224	EVERYDAY PADS HYPERDRY ULTRA PLUS SUPER DUO W 18P	2.06	2.01	-0.05	-2.4%
<b>ΚΑΡΤΙ ΥΓΙΕΙΑΣ</b>					
225	ELITE LUXURY WHITE 3PLY 10P	4.01	3.98	-0.03	-0.7%
226	HOPE ULTRA SOFT 3PLY 10P	3.69	3.66	-0.03	-0.8%
227	KLEENEX PREMIUM HONEYSUCKLE 2PLY 12P (3 FREE)	11.34	11.18	-0.16	-1.4%
228	KLEENEX PREMIUM WHITE 2PLY 12P (3 FREE)	11.34	11.24	-0.10	-0.9%
229	KLEENEX SCOTTONELLE SOFT&STRONG WHITE 2PLY 32P (8 FREE)	13.70	13.23	-0.47	-3.4%
230	SILKY WHITE 2PLY 24P	7.04	7.04	0.00	0.0%
<b>ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ</b>					
<b>ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ</b>					
231	ΚΥΛΙΝΔΡΟΣ 10kg (ΤΙΜΗ ΜΕ ΕΠΙΣΤΡΟΦΗ ΑΔΕΙΟΥ)	16.38	16.90	0.52	3.2%
<b>ΒΡΕΦΙΚΑ ΠΡΟΙΟΝΤΑ</b>					
<b>ΒΡΕΦΙΚΕΣ ΠΑΝΕΣ</b>					
232	NANNYS SENSITIVE 5 JUNIOR 12-25KG 44P	11.41	9.29	-2.12	-18.6%
233	NANNYS SENSITIVE 7 JUMBO PLUS 15+KG 36P	11.39	9.56	-1.83	-16.1%
234	PAMP. ACTIVE BABY 6 EXTRA LARGE 13-18KG 56P	16.52	14.06	-2.46	-14.9%
235	PAMP. ACTIVE BABY 7 MAXI 15+KG 40P	12.69	10.75	-1.94	-15.3%
236	PAMP. ACTIVE BABY JUNIOR 5 11-16KG 64P	16.44	14.17	-2.27	-13.8%
237	PAMP. PREMIUM CARE 1 NEW BORN 2-5KG 52P	12.68	10.58	-2.10	-16.6%
<b>ΒΡΕΦΙΚΕΣ ΤΡΟΦΕΣ</b>					
238	HIPP BIO DAIRY FREE OAT PORRIDGE 4M+ CRT 200GR	3.87	3.84	-0.03	-0.8%
239	NESTLE FARINE LACTEE WHEAT CEREALS 6M+ CRT 350GR	3.20	3.27	0.07	2.2%
240	NOYNOY 5 FRUIT CEREAL CREAM 6M+ TIN 300GR P-OFF	5.60	5.52	-0.08	-1.4%
241	NOYNOY BISCUIT CEREALS 6M+ TIN 300GR P-OFF	5.50	5.46	-0.04	-0.7%
242	NOYNOY FARINE LACTEE CEREALS 6M+ TIN 300GR P-OFF	3.26	3.25	-0.01	-0.3%
243	YIOTIS FARINE LACTEE MILK CEREAL CREAM 6M+ TIN 300GR P-OFF	3.35	3.56	0.21	6.3%
<b>ΒΡΕΦΙΚΟ ΓΑΛΛΑ</b>					
244	Frisogrow 3 1-3y Tin 800gr	20.41	19.51	-0.90	-4.4%
245	Frisogrow Plus+ 3-5y Tin 800gr	18.44	16.98	-1.46	-7.9%
246	Frisolac 1 0-6m Tin 800gr	23.91	22.85	-1.06	-4.4%
247	Frisomel 2 6m+ Tin 800gr	20.35	19.47	-0.88	-4.3%
248	Nan 4 Protect Build 2y+ Tin 400gr	9.79	9.22	-0.57	-5.8%
249	S-26 Progress Gold 3 1-3y Tin 400gr	10.36	10.01	-0.35	-3.4%